



MIN'S KARATE

AUTHENTIC KOREAN TRADITIONAL MARTIAL ARTS

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Carlisle Campus Fall 2014 Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9AM						HKD 101 BEGINNER 9:20-10AM
10AM						HKD 102 NOVICE 10-11AM
11AM						TSD 102 NOVICE 11AM-12PM
12PM						
3PM						
4PM	TSD 102 NOVICE 4-5PM	TSD 101 BEGINNER 4:20-5PM	TSD 102 NOVICE 4-5PM	TSD 101 BEGINNER 4:20-5PM	HKD 101 BEGINNER 4:20-5PM	
5PM	TSD 201 INTERMEDIATE 5-6PM	TSD 102 NOVICE 5-6PM	TSD 201 INTERMEDIATE 5-6PM	TSD 102 NOVICE 5-6PM	HKD 102 NOVICE	
6PM	TSD 301 ADVANCED 6-7PM	TSD 201 INTERMEDIATE 6-7PM	TSD 301 ADVANCED 6-7PM	TSD 201 INTERMEDIATE 6-7PM	TSD 201 INTERMEDIATE 6-7PM	
7PM		TSD 301 ADVANCED 7-8PM		TSD 301 ADVANCED 7-8PM		

Please refer to the index key on the next page to see which classes students are recommended to attend.

Effective August 24 - December 23, 2014



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CLASS	PREREQUISITE	CLASS DESCRIPTION
TSD PS PRESCHOOL	3-5 year olds only	Korean Karate Pre-School Class. Special toddler class teaching the skills of listening and obeying through Tang Soo Do inspired games and activities designed for 3 to 5 year old children.
TSD 101 BEGINNER	5 years old	Korean Karate Beginners Class. No experience necessary. Introduces students to the Tang Soo Do basic fundamentals in preparation for the 102 level Novice Class.
TSD 102 NOVICE	TSD 101	Korean Karate Novice Class. Builds on the lessons from TSD 101 for 1st year students and higher developing the Tang Soo Do basics of blocking, striking, 1-step self defense, sparring drills, forms (kicho hyeong), and hand board breaking skills in preparation for the 200 level Intermediate Class.
TSD 201 INTERMEDIATE	Green Belt	Korean Karate Intermediate Class. Designed for 2nd year students and higher developing Tang Soo Do complex blocking & striking, 1-step self defense take downs, controlled sparring, intermediate level forms (pyeong ahn), weapons, and kick board breaking skills in preparation for the 300 level Advanced Classes.
TSD 301 ADVANCED	Blue Belt	Korean Karate Advanced Class. Designed for 3rd year students and higher developing advanced blocking & striking, all 1-step self defense, point sparring, advanced forms (bassai), weapons, and speed breaking skills in preparation for the 400 Black Belt Class.
HKD 101 BEGINNER	7 years old	Korean Sword Beginners Class. No experience necessary. Introduces students to the basic Korean sword fundamentals in preparation for the 102 level Novice Class.
HKD 102 NOVICE	HKD 101	Korean Sword Novice Class. Builds on the lessons from HKD 101 for 1st year students and higher developing the basic of cutting/blocking, forms, and cutting of soft targets with the kakum (blunt sword) in preparation for the 200 level Intermediate Class.
HKD 201 INTERMEDIATE	Green Belt	Korean Sword Intermediate Class. Designed for 2nd year students and higher developing complex cutting/blocking techniques, sparring, forms, and live cutting of soft targets with the jinkum (sharp sword) in preparation for the 300 level advanced classes.
<p><i>Students are recommended to attend the appropriate level classes based on their knowledge of the curriculum for the best learning experience. Senior students may attend lower level classes. Junior students may attend upper level classes only with the permission of the class instructor.</i></p>		

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