



### Carlisle Campus Fall 2014 Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9AM						<b>HKD 101</b> BEGINNER
10AM						<b>HKD 102</b> NOVICE
11AM						<b>TSD 102</b> NOVICE
12PM						
3PM						
4PM	<b>TSD 102</b> NOVICE	<b>TSD 101</b> BEGINNER	<b>TSD 102</b> NOVICE	<b>TSD 101</b> BEGINNER	<b>HKD 101</b> BEGINNER	
5PM	<b>TSD 201</b> INTERMEDIATE	<b>TSD 102</b> NOVICE	<b>TSD 201</b> INTERMEDIATE	<b>TSD 102</b> NOVICE	<b>HKD 102</b> NOVICE	
6PM	<b>TSD 301</b> ADVANCED	<b>TSD 201</b> INTERMEDIATE	<b>TSD 301</b> ADVANCED	<b>TSD 201</b> INTERMEDIATE	<b>TSD 201</b> INTERMEDIATE	
7PM		<b>TSD 301</b> ADVANCED		<b>TSD 301</b> ADVANCED		

*Please refer to the index key on the next page to see which classes students are recommended to attend.*



# MIN'S KARATE

AUTHENTIC KOREAN TRADITIONAL MARTIAL ARTS

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CLASS	PREREQUISITE	CLASS DESCRIPTION
<b>TSD PS</b> PRESCHOOL	3-5 year olds only	Korean Karate Pre-School Class. Special toddler class teaching the skills of listening and obeying through Tang Soo Do inspired games and activities designed for 3 to 5 year old children.
<b>TSD 101</b> BEGINNER	5 years old	Korean Karate Beginners Class. No experience necessary. Introduces students to the Tang Soo Do basic fundamentals in preparation for the 102 level Novice Class.
<b>TSD 102</b> NOVICE	TSD 101	Korean Karate Novice Class. Builds on the lessons from TSD 101 for 1st year students and higher developing the Tang Soo Do basics of blocking, striking, 1-step self defense, sparring drills, forms (kicho hyung), and hand board breaking skills in preparation for the 200 level Intermediate Class.
<b>TSD 201</b> INTERMEDIATE	Green Belt	Korean Karate Intermediate Class. Designed for 2nd year students and higher developing Tang Soo Do complex blocking & striking, 1-step self defense take downs, controlled sparring, intermediate level forms (pyeong ahn), weapons, and kick board breaking skills in preparation for the 300 level Advanced Classes.
<b>TSD 301</b> ADVANCED	Blue Belt	Korean Karate Advanced Class. Designed for 3rd year students and higher developing advanced blocking & striking, all 1-step self defense, point sparring, advanced forms (bassai), weapons, and speed breaking skills in preparation for the 400 Black Belt Class.
<b>HKD 101</b> BEGINNER	7 years old	Korean Sword Beginners Class. No experience necessary. Introduces students to the basic Korean sword fundamentals in preparation for the 102 level Novice Class.
<b>HKD 102</b> NOVICE	HKD 101	Korean Sword Novice Class. Builds on the lessons from HKD 101 for 1st year students and higher developing the basic of cutting/blocking, forms, and cutting of soft targets with the kagum (blunt sword) in preparation for the 200 level Intermediate Class.
<b>HKD 201</b> INTERMEDIATE	Green Belt	Korean Sword Intermediate Class. Designed for 2nd year students and higher developing complex cutting/blocking techniques, sparring, forms, and live cutting of soft targets with the jingum (sharp sword) in preparation for the 300 level advanced classes.
<p><i>Students are recommended to attend the appropriate level classes based on their knowledge of the curriculum for the best learning experience. Senior students may attend lower level classes. Junior students may attend upper level classes only with the permission of the class instructor.</i></p>		

Effective August 24 - December 23, 2014